

### FAST FACTS Dairy Opportunities in a Developing Plant Based Market



Consumption of plant based products is on the rise. While some consumers are resorting to diets that are dairy free, many are adopting diets that combine both plant and dairy to achieve a more holistic outcome.

Sales of plant based alternatives have risen over the years in line with consumers' changing diets



**UK 47%** 

## There are 3 key themes driving consumption of plant based alternatives<sup>2</sup>

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Trying to lead more sustainable lifestyles that are perceived to have less impact on the environment.

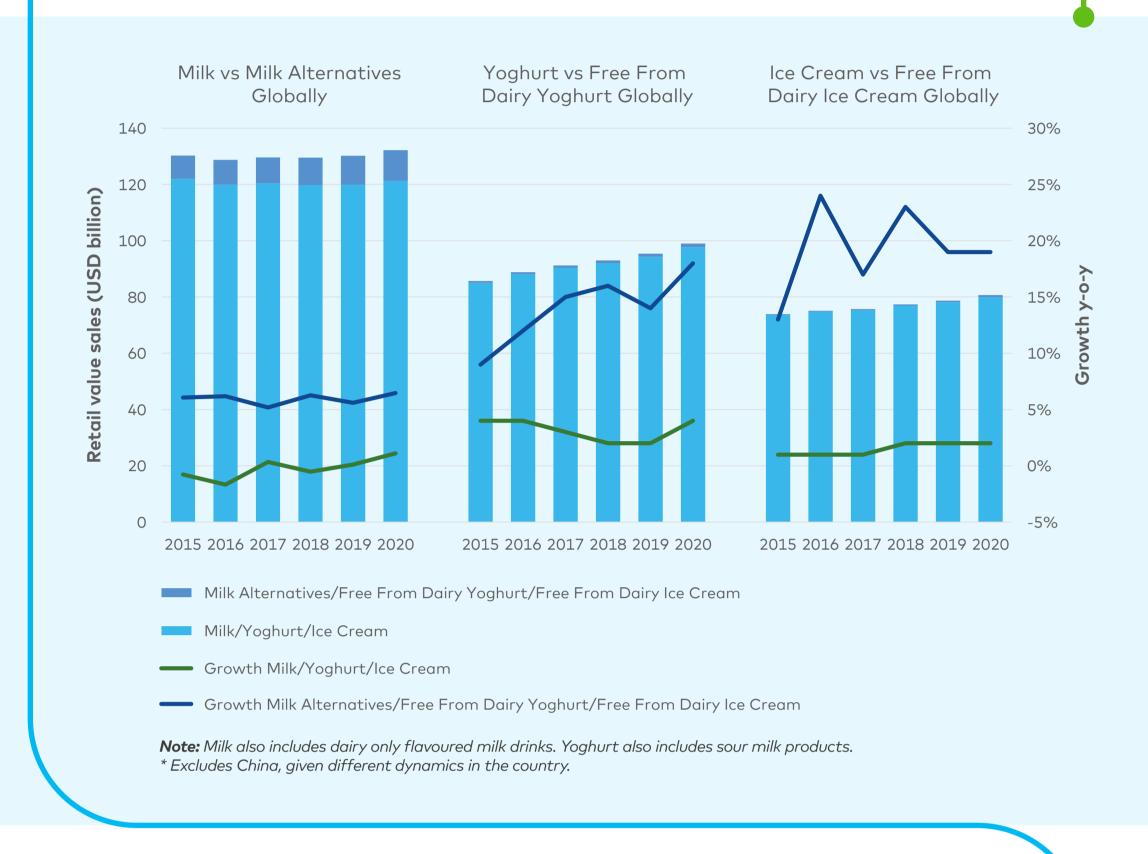


Health reasons.



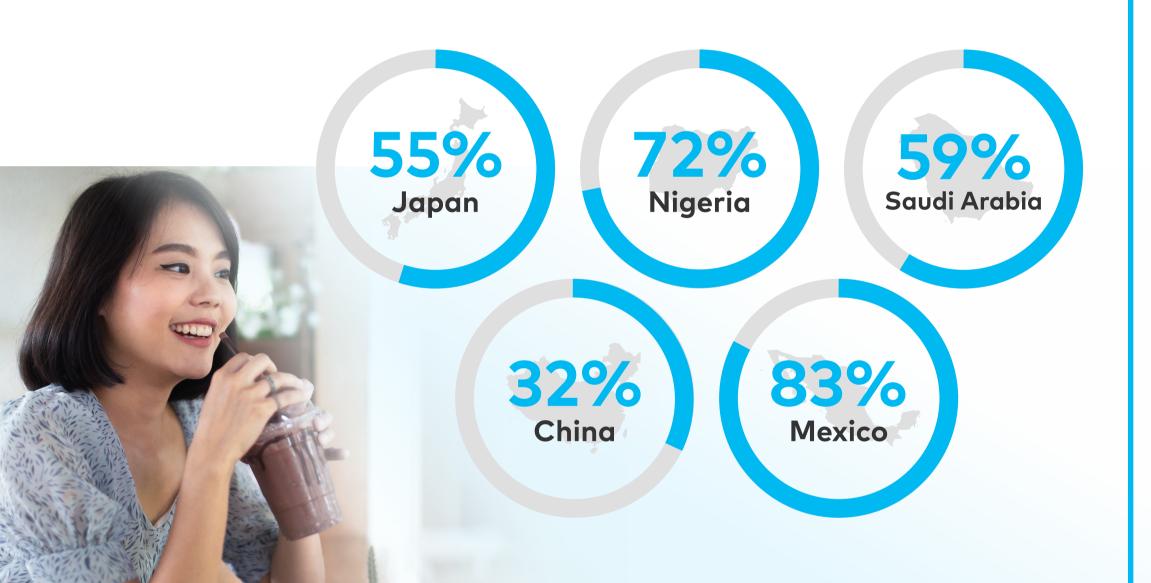
Seen as aligned to own lifestyle and a form of self-expression.

### Despite the growth of plant-based dairy alternatives the dairy segment remains stable globally<sup>1</sup>



# Consumers are not necessarily dropping dairy from their diet

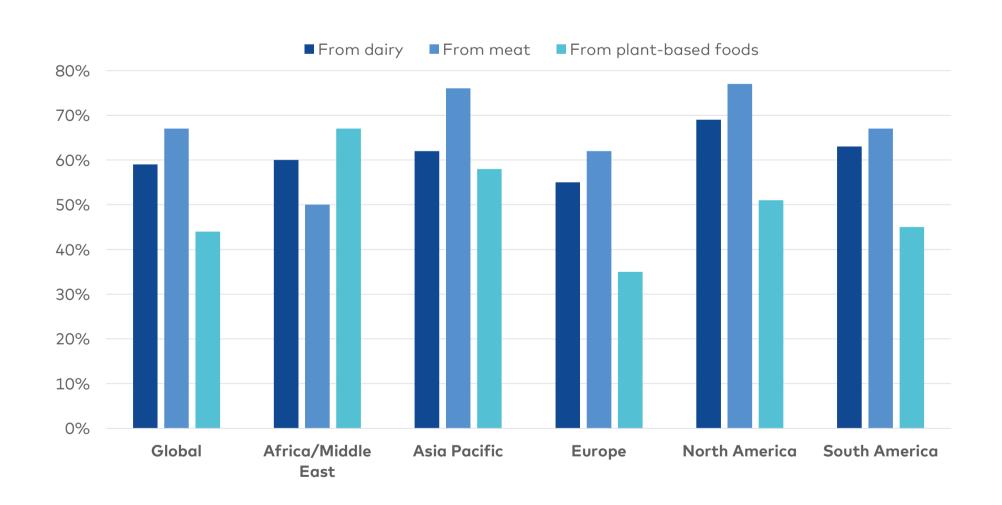
Among everyday foods, % who consider dairy products such as milk, yogurt and cheese as their main source of protein<sup>2</sup>



## Consumers continue to consume dairy for a variety of reasons<sup>2</sup>



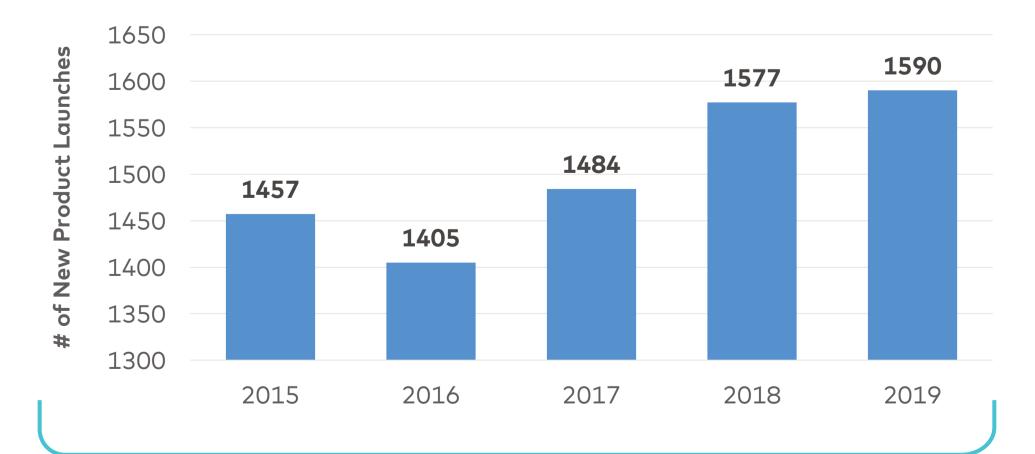
#### Instead, consumers are opting to incorporate a combination of plant based and animal based proteins in their diet



Where do you get your protein from?<sup>2</sup>

Food and beverage companies are leveraging the opportunity of providing hybrid plant and dairy offerings in response to consumer demand





9.1%

Growth between 2015-2019

Opportunities

Plant based and dairy offerings can co-exist in the marketplace. Most consumers are not necessarily dropping one option for the other. Instead, they are making room for both. The continued desire for balance and availability of options will continue to drive this co-existence in the foods and beverages segment.

The opportunity exists in being able to leverage the goodness of dairy and plant in a product offering. This addresses consumer needs for 'no compromise' options for supporting their health and lifestyle needs.





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Sources: 1. Euromonitor, Health and Wellness Survey 2020
2. FMCG Gurus, Meat vs Plant Based Dairy 2020
3. Mintel GNPD

If you want to know more about opportunities in plant + dairy formulations



